

INTERNATIONAL SAN TEN KARATE ASSOCIATION
SHOTO DOJO



Hanshi Vincent Cruz Memorial

13th Annual Shoto Dojo Spring Seminar on Saturday, May 16 & 17, 2020 by

Hanshi Justin Butler



Over fifty years of Martial Arts experience.

8th Dan (8th degree Black Belt) in Karate;

3rd Dan Hakkoryu Jujutsu; Aiki-do.

Menkyo Kaiden in SanTen Karate from Hanshi Cruz, January 2015.

Promoted to Hanshi by Hanshi Cruz (posthumously), January 2016.

Soke of SanTen Jujutsu, integrator of Shotokan Karate with Jujutsu.



Don't miss this opportunity to train with a Shotokan Karate and Hakkoryu Jujutsu expert, who has spent years merging the two. This is Jujutsu standing on our hind legs, not ground-and-pound - it is Jujutsu already in your Shotokan (and other style) Karate.

Think of it as looking at Karate from a somewhat **different angle**. Many people are mixing Karate and Jujutsu in their Martial Arts studies; this seminar works on techniques of Jujutsu **already in** our Karate. Many of those strange moves in Kata are **standard moves** in Jujutsu, which are extremely effective once we execute them as Jujutsu intends. Come explore this new world, one that you **already know** well, with an expert 'tour guide'.

Saturday, May 16, 2020

Salvation Army Gym 3090 Homestead Road, Santa Clara CA 95051

9:30am – Registration at the door (for those who don't **pre-register**)

10:00am – 11:30am **Youth Session: Kids** (ages 6 – 12) and **Tiny Tigers*** (ages 4 – 6)

Age appropriate: from Fundamentals, to dealing with Bullies

12:30pm – 4:00pm **General Session: Adults & Teens**, Intermediate/Advanced **Kids**

Precepts of Karate, commonality with Jujutsu, 'hidden' Jujutsu moves

4:30pm – 5:30pm **Advanced Session** (Brown/Black Belt): Additional special Jujutsu Training

7:00pm – **Saturday Dinner with Hanshi Butler** and visiting Dans (separate cost)

(Curriculum subject to change at Hanshi Butler's decision)

* Tiny Tigers may bow out of session if they get too tired, earlier than 90 minute completion.

Sunday, May 17, 2020

Roundhill Studios 1043-A Garland Avenue, San Jose CA 95126

9:00am – 1:00pm **Advanced Session:** Additional Training in SanTen (Shotokan) Jujutsu

Continue work on the Jujutsu that is inherent (and 'hidden') in Shotokan Karate; understand more moves.

Registration (Pre-registration through May 1)

Youth Session: \$35.00 [Tiny Tigers (ages 4 – 6, through Kindergarten) \$30.00]

General Session: \$75.00

Advanced Session: \$40.00

Sunday Session: \$65.00

Pre-registration, by **May 1**, deduct \$5.00 per session. Pre-register through your sensei or by email or mail. Make checks or money orders out to "Shoto Dojo". Checks, money orders, and cash accepted at the door

Shoto Dojo P.O.Box 2220 Sunnyvale CA 94087

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David LaVerne Chief Instructor (408) 505-0560 David@ShotoDojo.com

Dianne LaVerne Instructor, and Tiny Tigers (408) 505-0561 Dianne@ShotoDojo.com

"The ultimate aim of Karate-do lies not in victory nor defeat, but in the perfection of the character of its participants."

– Funakoshi Gichin Sensei (1868 – 1957)